

Hamilton-Fairfield Taekwondo

Cardio-Fit Kickboxing Schedule

Hamiltonfairfieldtkd.com 829-0888

MONDAY

5:45 to

6:25 p.m.

TUESDAY

8:00 to

8:45 p.m.

WEDNESDAY

6:30 to 7:15 p.m.

THURSDAY

8:00 to

8:45 p.m.

FRIDAY

5:30 to

6:15 p.m.

SATURDAY

9:00 to 9:45 a.m.