

Hamilton-Fairfield Taekwondo

Cardio-Fit Kickboxing Schedule Summer 2010

Hamiltonfairfieldtkd.com 829-0888

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

9:00 to 9:45 a.m.

5:45 to

6:30 to 7:15 p.m.

5:30 to

6:25 p.m.

6:15 p.m.

7:30 to

7:30 to

8:20 p.m.

8:20 p.m.