

HAMILTON-FAIRFIELD TAEKWONDO

Weekly schedule 513-829-0888 hamiltonfairfieldtkd.com

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2:00 to 2:50 p.m.
Homeschoolers Class

4:50 to 5:35 p.m.
Jrs.

5:00 to 5:45 p.m.
Jrs.

5:00 to 5:30 p.m.
Little Dragons

2:00 to 2:50 p.m.
Homeschoolers class

10:00 to 10:30 a.m.
Little Dragons

6:30 to 7:20 p.m.
Jrs.
Family Class

5:45 to 6:15 p.m.
Little Dragons

5:30 to 6:20 p.m.
Jr. Sparring

5:00 to 5:45 p.m.
Jrs.

10:30 to 11:15 a.m.
Jrs.

7:20 to 8:15 p.m.
Adults
*boxing gloves

6:15 to 7:00 p.m.
Jrs.

7:15 to 8:00 p.m.
Adult Sparring

6:15 to 7:00 p.m.
Jrs.

11:15 to 12:00 p.m.
Jrs.
*h green & up recomnd

7:00 to 8:00 p.m.
Adults

8:00 p.m.
MMA

Family class
Adult Beginners

Jr. Grappling

12:00 to 12:45 p.m.
Adults
& Family Class

7:00 to 8:00 p.m.
Adults
*chest protectors